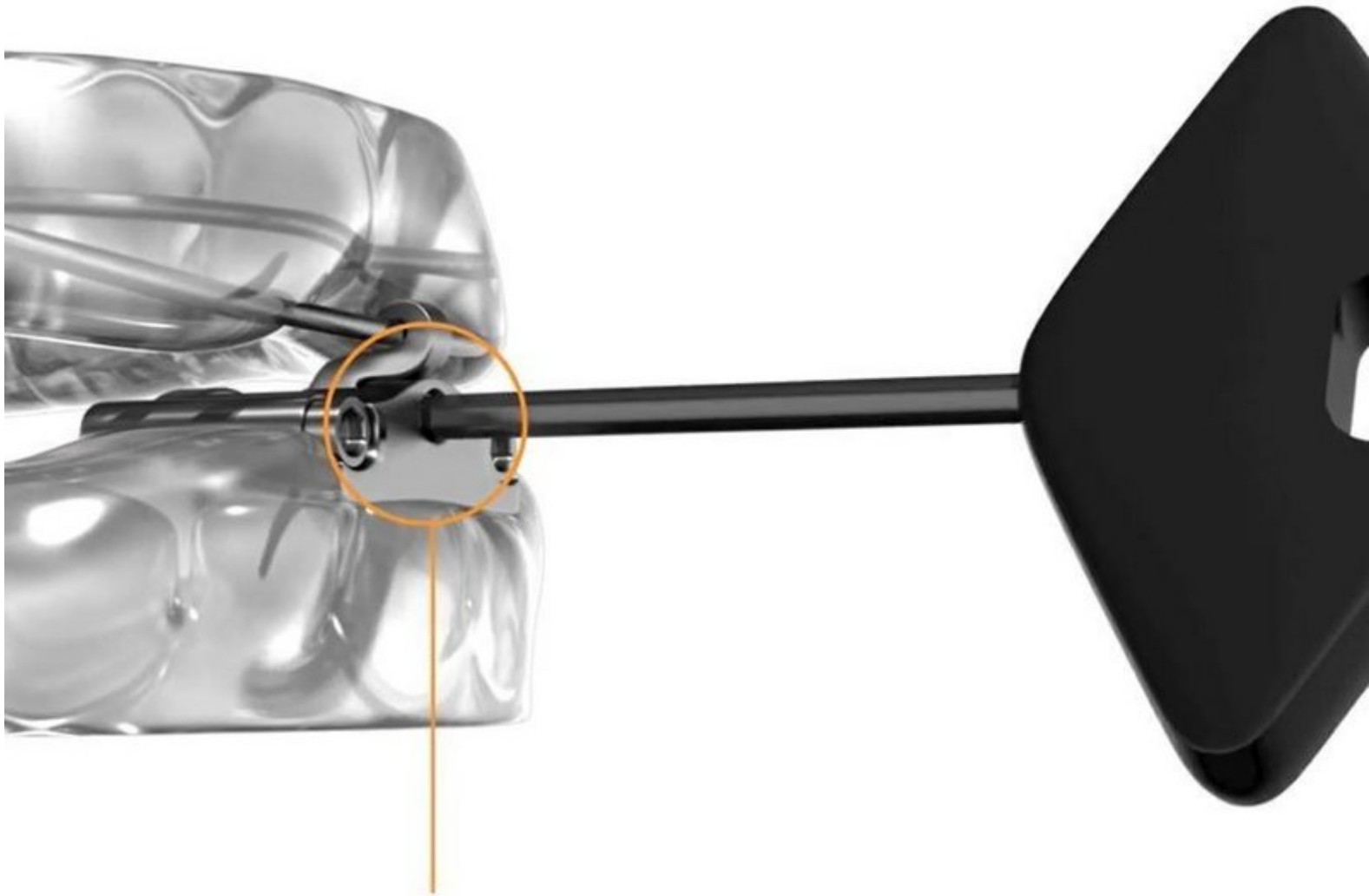


Single Point Adjustment

A fundamental TAP design element.

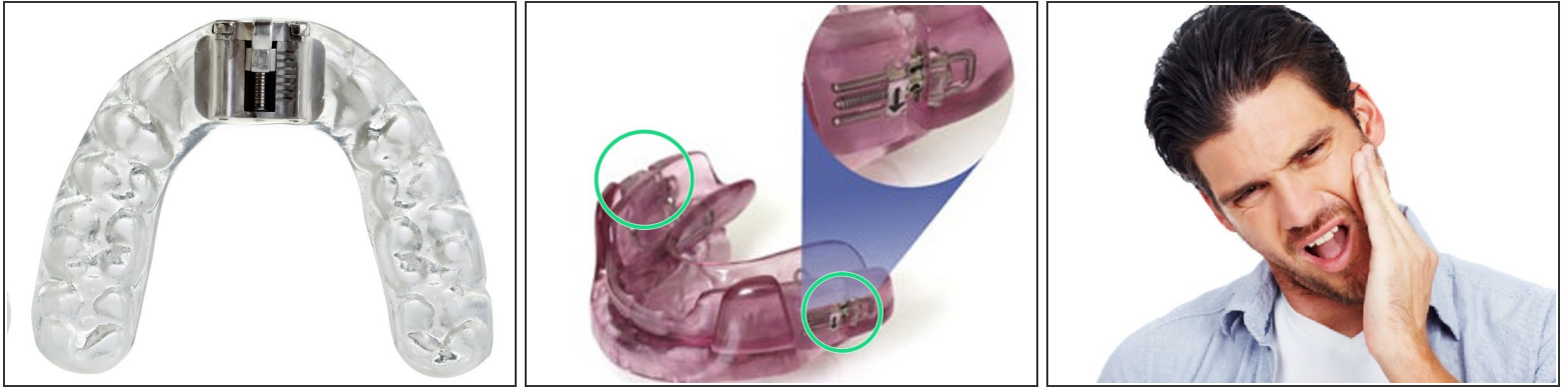
Written By: Patrick Tessier



INTRODUCTION

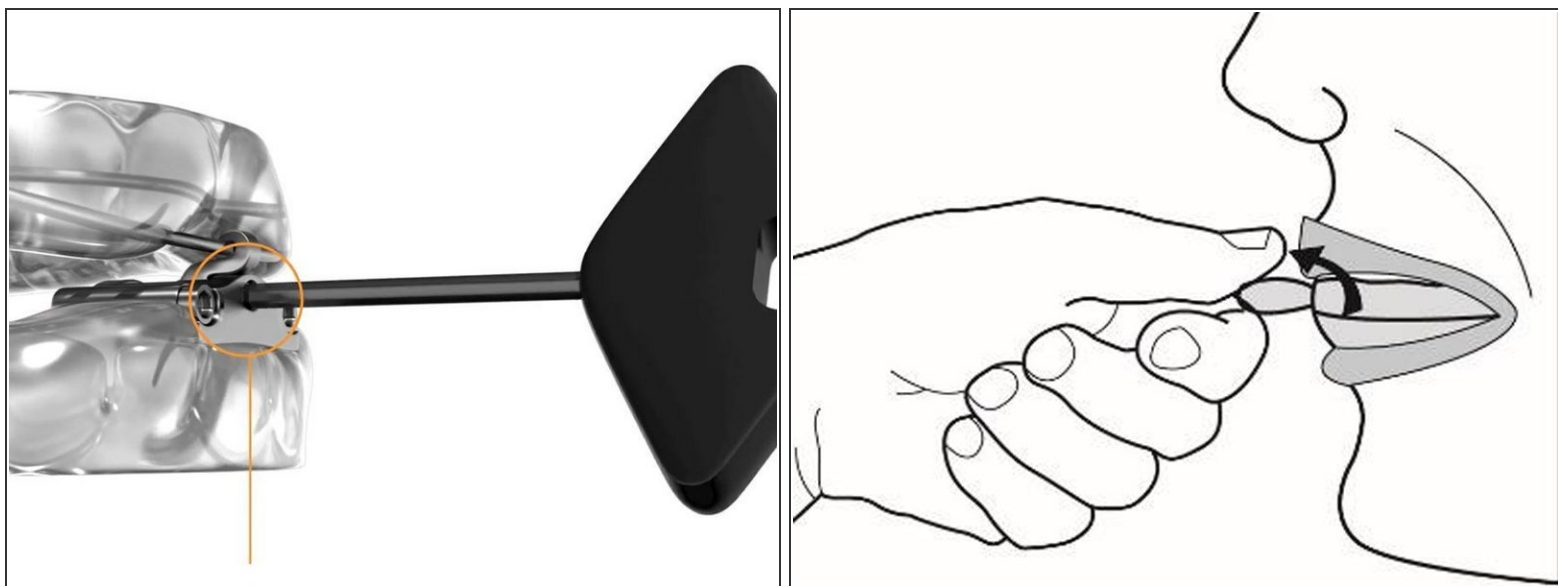
Single Point, Mid-line adjustment has many benefits to the clinician and the patient.

Step 1 — Single Point Adjustment - no pain



- Single point adjustment eliminates one of the problems of Bi-Lateral devices, which make up the majority of OAT devices on the market
- Bi-Lateral devices must be adjusted on two sides. If you over adjust on one side, the mid-line for the mandible is offset.
 - ⚠ This induces TMD issues for the patient.
- If you don't want the patient to hate the appliance and your practice, use a TAP appliance.
- One less thing to think about and stress over as a DSM clinician

Step 2 — Single Point Adjustment - more gain



- Every TAP appliance can be adjusted by the patient. Best if under Doctor instructions.
- The device can only be advanced 0.25mm per half turn.
- ⓘ If you instruct the patient to limit adjustment to a 1/2 turn per night, it eliminates concerns about advancing too fast.
- By involving the patient in the treatment
 - **Save valuable chairtime.** The patient is not using up 30 mins of chairtime for a 1/2mm advancement.
 - **Compliance with treatment is higher.** If the patient is part of the solution and feels some control, then most likely they will continue with treatment and get the positive results we all desire.