

# START THE CONVERSATION WITH YOUR DOCTOR ABOUT SLEEP APNEA TREATMENT

## CHECK ALL THAT APPLY TO YOU

I have the following symptoms/pre-existing conditions:

- High Blood Pressure
- Dry mouth or sore throat
- Overweight
- Excessive daytime sleepiness
- Erectile dysfunction
- Snoring
- Morning headaches
- Waking up to use the bathroom excessively Snoring
- Awakening abruptly accompanied by gasping and choking

## Ask Your Doctor or Dentist

- 1** Do you see anything else that could contribute to my snoring/sleep apnea?
- 2** How do I get tested for Obstructive Sleep Apnea (OSA) or sleep-disordered breathing?
- 3** Can I try an oral appliance if I've already had a sleep study, but I:
  - Don't want a CPAP/Am non-compliant with a CPAP?
  - Didn't hit the threshold for sleep apnea but have sleep disturbances?

## TREATMENT OPTIONS

- 1** Can I get a trial oral appliance, like the **myTAP**?
- 2** Would a clinically backed oral appliance, like the custom **TAP**, be a good fit for me?
- 3** Do you bill medical insurance, or is this a cash item?

The American Academy of Sleep Medicine recommends oral appliances like the **TAP** as a first line of therapy for patients with mild to moderate sleep apnea.

# TAP SYSTEM™

## myTAP™

Snoring to obstructive sleep apnea



- Predictor appliance
- Low-cost, precision-fit
- Immediate treatment
- Easy patient adjustment while in the mouth

## TAP CUSTOM

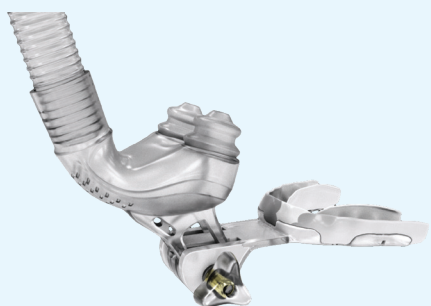
Snoring to obstructive sleep apnea



- Custom fit
- Made in dental lab
- Durable
- Easy patient adjustment while in the mouth
- Medicare/insurance code (E0486)

## myTAP PAP

Mild to severe obstructive sleep apnea



- Strapless CPAP mask
- Ultra-quiet
- Leak free
- Medicare/insurance code (A7034 or A7035)

## TAP PAP

Mild to severe obstructive sleep apnea



- Hybrid therapy combining protrusive custom oral appliance with CPAP
- Meets complex patient needs