

myTAP Mouth Shield

Instructions for Use

Introduction

Due to airflow through the mouth, some patients experience dry mouth leading to mild discomfort when using an oral appliance. The Mouth Shield has been designed for use with the myTAP to reduce oral breathing therefore lessening the drying effect that oral breathing can have.

The myTAP post is inserted into the Mouth Shield and sits inside the lips.

Use of the Mouth Shield should be discontinued if nausea, nasal congestion, or any condition that would decrease or prevent breathing through the nose occurs.

Intended Use

The Mouth Shield is an optional comfort accessory to be used with the myTAP oral appliance to prevent drying of the mouth while wearing the myTAP. It is intended for single patient adult use.

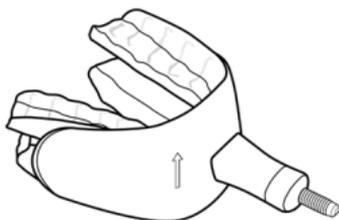
Warnings

- Use of the Mouth Shield should be discontinued if nausea, nasal congestion, or any condition that would decrease or prevent breathing through the nose occurs.
- Discontinue use if reaction occurs and consult prescriber.
- Discontinue use if experiencing discomfort and consult prescriber.
- Mouth Shield is single patient use.
- Discontinue use if damaged or deteriorated and seek replacement.
- Do not use if vomiting or feeling nauseous.
- Do not use if patient is unable to remove by themselves.
- Use on adults only (>66lb/30kg).
- Do not misuse the Mouth Shield.
- Do not store or transport the Mouth Shield outside temperature range -4°F to 122°F (-20°C to 50°C)
- Operating temperature range of the Mouth Shield is 40°F to 105°F (5°C to 40°C)
- Do not store in direct sunlight.
- Do not wash in dishwasher.
- Do not clean in products that contain chlorine, bleach, moisturizer, antiseptic, anti-bacterial agents or alcohol.

Disposal

The Mouth Shield may be placed in the general household receptacle.

Operating Instructions



The Mouth Shield should be placed over the post with the arrows facing up or towards the upper tray. As the Mouth Shield is designed to allow for the lower tray to be more advanced, it is important to position it correctly on your myTAP.

The Mouth Shield should be pushed firmly over the dial so it “clips” into place and rests against the myTAP trays.

The Mouth Shield should rest comfortably in your mouth, **between your teeth and the inside of your lips/cheeks**. If it feels bulky, you may want to check that it is fully inserted on the myTAP in the correct position.

Adjustment of the myTAP must be made before applying the Mouth Shield. The Mouth Shield can also be removed if further adjustments need to be made.

Use of the Mouth Shield should be discontinued if nausea, nasal congestion, or any condition that would decrease or prevent breathing through the nose occurs. The Mouth Shield should be replaced if it shows signs of tearing or deterioration. The shield should be replaced yearly.

Cleaning

The Mouth Shield should be removed from the appliance and cleaned daily by running it under hot water and leaving it to air dry out of direct sunlight. It can also be cleaned using a mild soap and warm water solution. Inspect for signs of damage daily and replace immediately if showing signs of wear.

- Do not store in direct sunlight.
- Do not wash in dishwasher.
- Do not clean in products that contain chlorine, bleach, moisturizer, antiseptic, anti-bacterial agents or alcohol.
- Do not soak the Mouth Shield in cleaning solutions for more than 10 minutes per day.

Note: Failure to follow instructions may compromise the performance of the Mouth Shield.